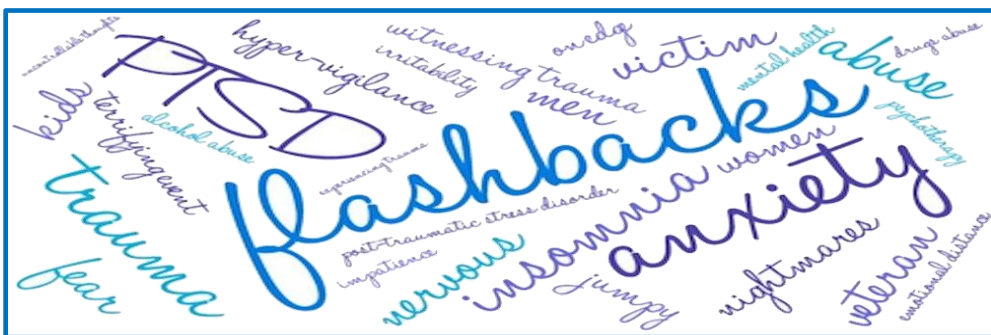


# PTSD SUPPORT GROUP



## WHEN

2<sup>nd</sup> and 4<sup>th</sup> Tuesday of the month, 6:00-7:30pm

June 9 and 23  
 August 11 and 25  
 October 13 and 27  
 December 8 and 22

July 14 and 28  
 September 8 and 22  
 November 10 and 24

## WHERE

Partnership Douglas County (LOCATION CHANGE)  
 1625 Highway 88, Suite 104  
 Minden, NV 89423

This group is open to adults 18 and older who have PTSD. Each facilitated session will include time for sharing but will focus on healing using activities, coping skills and tools to help you overcome PTSD. Educational and mental health resources will be provided.

Sessions are Free of Charge



JOIN US AND TAKE THAT  
 FIRST STEP TOWARD A  
 MORE PEACEFUL LIFE ...

ONE YOU DESERVE.



Sponsored by:

Suicide  
 Prevention  
 Network



1625 Hwy 88, Suite 203  
 Minden, NV 89423  
 Tax ID: 73-1646702

[www.facebook.com/suicidepreventionnetwork](http://www.facebook.com/suicidepreventionnetwork)  
[www.spnawareness.org](http://www.spnawareness.org)

775-783-1510 Office