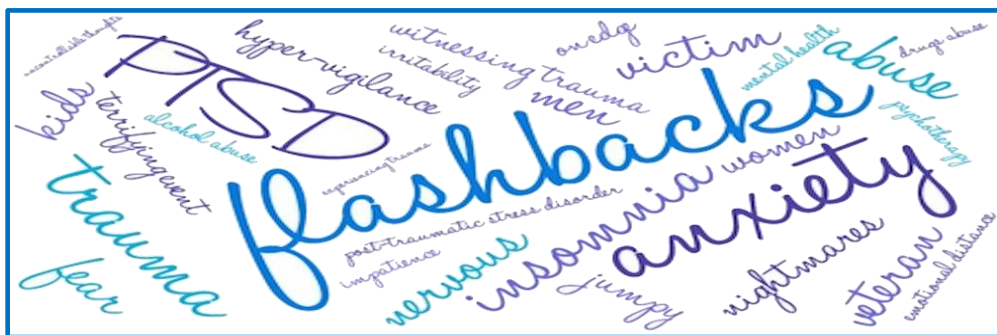


PTSD SUPPORT GROUP



WHEN 2nd and 4th Tuesday of the month, 6:00-7:30pm

January 12 and 26

February 9 and 23

March 9 and 23

April 13 and 27

May 11 and 25

June 8 and 22

July 13 and 27

August 10 and 24

September 14 and 28

October 12 and 26

November 9 and 23

December 14 and 28

WHERE

Partnership Douglas County (LOCATION CHANGE)
1625 Highway 88, Suite 104
Minden, NV 89423

This group is open to adults 18 and older who have PTSD. Each facilitated session will include time for sharing but will *focus on healing* using activities, coping skills and tools to help you overcome PTSD. Educational and mental health resources will be provided.



Sessions are Free of Charge

JOIN US AND TAKE THAT
FIRST STEP TOWARD A
MORE PEACEFUL LIFE ...

ONE YOU DESERVE.



Sponsored by:

Suicide
Prevention
Network



1625 Hwy 88, Suite 203

Minden, NV 89423

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775-783-1510 Office